

eLearning Course Catalogues

- Health and Safety
- Governance and Compliance
- Environment and Social
- Cyber Awareness and Resilience
- Workplace Skills
- Leadership and Management
- Mental Health and Wellbeing



Empower your Workforce with Our eLearning Solutions

In today's dynamic and fast-paced environment, your team needs more than just training, they need learning that is efficient, engaging, and credible. Our eLearning solutions are designed with these exact needs in mind.

Why Choose Our eLearning?

Evidence Backed: Our content is grounded in the latest research, ensuring that your team receives training that is not only effective but proven to work.

Expert Led: Developed with leading industry experts, our courses bring authoritative insights directly to your team, making learning both relevant and impactful.

Video Led: Engage your team with compelling video content that makes complex concepts easier to understand and retain.

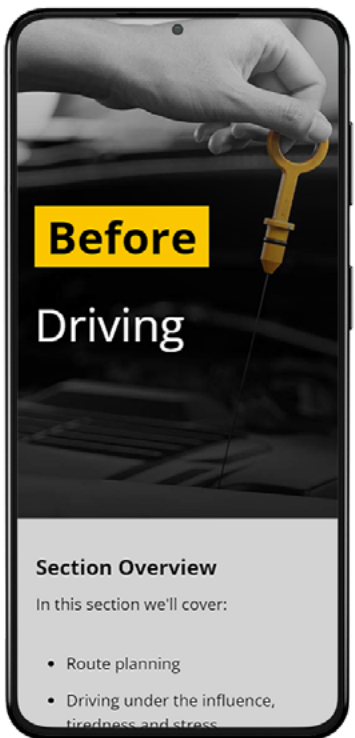
Bite Sized: We break down learning into manageable, bite-sized modules, enabling your team to fit training into their busy schedules without feeling overwhelmed.

Accredited: We deliver content that you can trust, maintaining the highest standards of accuracy and reliability.

Mobile-First: Designed for the modern learner, our courses are optimised for mobile use, allowing your team to learn anytime, anywhere.

Accessible: We prioritise inclusivity, ensuring that our eLearning is easily accessible to all, regardless of location or ability.

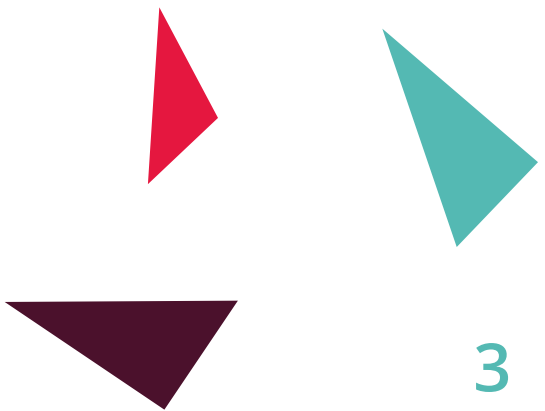
Our eLearning solutions combine these qualities to deliver a learning experience that is **engaging, credible, and tailored to meet the needs of today's workforce.** Empower your team to grow, stay compliant, and excel with training that truly makes a difference.



Health and Safety Fundamentals



Employee Workplace Safety		
Driving - Highway Code Changes	Lone Working	Security and Terrorism Awareness
Driving Safety	Manual Handling	Slips, Trips and Falls
DSE and Workstation Safety	Mould, Damp and Condensation	Security and Terrorism Awareness
Electrical Safety	Moving and Falling Objects	Slips, Trips and Falls
Electrical Safety Refresher	New and Expectant Mothers	Stepladder and Ladder Safety
Fire Safety	Noise Awareness	Stress Awareness
Fire Safety First Aid in the Workplace (Employees)	Noise Awareness Refresher	Violence and Aggression in the Workplace
First Aid Refresher	Norovirus	Virus Prevention and Protection
Health and Safety for Homeworkers	Office Safety	Working with Young People
Health and Safety in the Home	Office Safety Refresher	Workplace Safety
Health and Safety Introduction	Personal Protective Equipment (PPE)	Young People at Work
Health and Wellbeing	Personal Protective Equipment (PPE) Refresher	
Induction Safety	Provision and Use of Work Equipment Regulations (PUWER)	

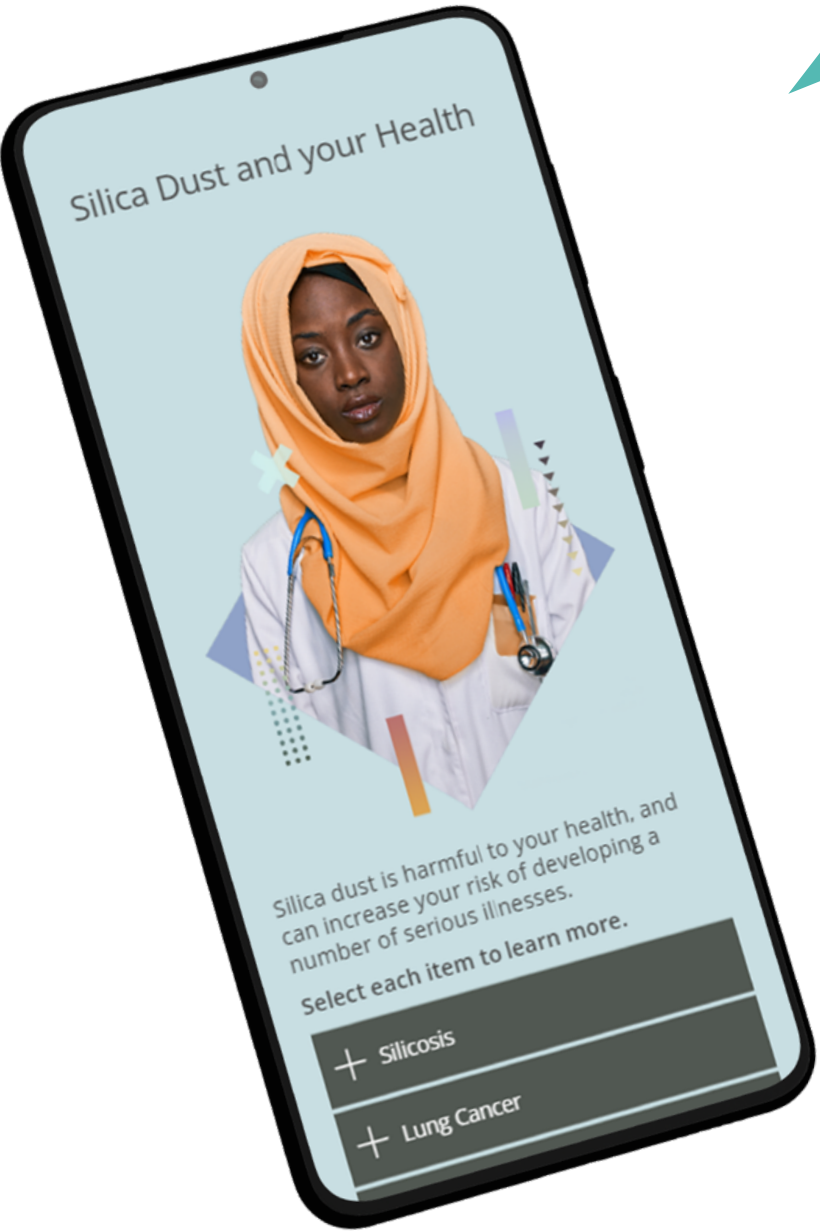


Health and Safety Fundamentals

Management Support	
Accident Investigation	Health and Safety for Managers
Accident Reporting (RIDDOR)	Introduction to Health and Safety Audits
Accident Reporting RIDDOR (Refresher)	Managing Contractors
Building a Health and Safety Culture	Managing Mould, Damp and Condensation
Business Continuity	Pandemic Awareness and Respiratory Illness
Fire Wardens	Personal Emergency Evacuation Plans (PEEP)
First Aid in the Workplace (Managers)	Risk Assessment
Health and Safety for Directors*	

*** All relevant Health and Safety courses have been RoSPA assured.**

Please note that these courses have not been assured by RoSPA as RoSPA does not have access to the required expert knowledge in these subjects or the type of activity requires specialist additional training.



Health and Safety for Specialist Environments



Specialist Environments		Vehicles, Plant and Equipment
Asbestos Awareness	Legionella	Abrasive Wheels*
CDM Regulations	Malaria Awareness	Hand-Arm Vibration
Confined Spaces	Permit to Work Systems	Lift Truck Safety
Dangerous Substances and Explosive At-mospheres Regulations (DSEAR)	Respirable Crystalline Silica Awareness	Lifting Operations and Lifting Equipment Regulations (LOLER)
Farm Safety	Steward Training	Lockout/Tagout
Health and Safety for Cleaners	Student Health and Safety	Provision and Use of Work Equipment Regulations (PUWER)
Hot Weather Conditions	Warehouse Safety	Safe Movement of Vehicles
Hot Works	Winter Weather Awareness	Safe Use of Hand and Power Tools
Laboratory Safety*		

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Health and Safety for Specialist Sectors



Chemical Hazards
COSHH
Control of Major Accident Hazards (COMAH) Regulations 2015
GHS Classification
Spill Prevention and Control
Healthcare
Infection Control
Medicine Awareness
Mental Health Legislation

Food Safety and Hygiene
Food Allergies
Food HACCP Level 3
Food Law
Food Safety
Food Safety Level 1
Food Safety Level 2
Food Safety Level 3
Food Safety Refresher
Personal Hygiene

Safeguarding
Safeguarding Adults at Risk Level One
Safeguarding Children
Safeguarding Vulnerable Adults



Governance and Compliance

Compliance Fundamentals		Financial Crime
Alcohol Licensing Law	Fair Treatment of Customers	Anti-Money Laundering and Countering Terrorist Financing
Alcohol Licensing Law (Scotland)	Finance and Budgeting Basics	Avoiding Bribery Risks for Business
Anti-Facilitating Tax Evasion for Business	Managing reviews and audits	Bribery Act Refresher
Budgeting Basics	Modern Slavery	Bribery and Corruption
Code of Conduct	Payment Card Industry (PCI) Awareness	Combatting Market Abuse
Competition Law	Prevent Radicalisation and Extremism	Compliance with the Criminal Finances Act 2017
Ethical Use of AI	Serving Alcohol Responsibly	Fighting Fraud
Ethical Use of AI (Managers)	Whistleblowing with confidence	Fraud Awareness
Information Management	HR Compliance	
Data Protection for Managers	Bullying and Harassment	Right to Work
Data Protection in the EU	Disciplinary and Grievance Procedures	Sexual Harassment and WPA
Data Protection UK	Family Leave	Supporting Wellbeing and Attendance
Freedom of Information	International Business Travel	Workplace Security
The Data Protection Act 2018 and GDPR	Return to Work	



Introduction

Health and Safety
Fundamentals

Health and Safety for
Specialist Environments

Health and Safety for
Specialist Sectors

Governance and Compliance

Environmental and Social

Cyber Awareness and Resilience

Workplace Skills

Management and Leadership

Mental Health and Wellbeing

Get in touch

Environment and Social

Environment and Social
Environmental Awareness
Environmental, Social and Governance (ESG) for Senior Leaders
Introduction to Sustainability
Sustainable Business Management

Equity, Diversity and Inclusion
Equity, Diversity and Inclusion
Neurodiversity Awareness
Unconscious Bias



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Cyber Awareness and Resilience

Cyber Awareness and Resilience
Handling Data
Malware Attack
Passwords and Authentication
Phishing
Protecting your Business from a Cyber Attack
Reporting Cybercrime
Responding to a Cyber Attack
Safe Device Use
Staying Safe Online
Whaling Attack



Workplace Skills

Communication and Social Skills
Active Listening
Communicating Under Pressure
Communicating with Body Language
Communicating with Emotional Intelligence
Communication
Effective Dispersed Teams
Effective Research and Reports
Presenting with Confidence
Workplace Diplomacy

Customer Experience
Brand Reputation
Building a Customer Centric Culture
Building Relationships with a Customer
Creating Customer Advocates
Customer Complaints
Foundations of Customer Experience
Measuring CX Success
Technology and Innovation
The Customer Promise and Journey
Ways of Communicating with a Customer

Teamwork
Collaborative Working
Digital Collaboration
Effective Meetings
Find Your Role
Teamwork



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Workplace Skills

Personal Development	
Negotiation Skills	Confidence
Networking	Decision Making
Personal Productivity	Demystifying AI
Planning Your Own Development	First Impressions
Problem Solving	Innovation
Time Management	Managing Personal Finance
Change Management	



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Leadership and Management

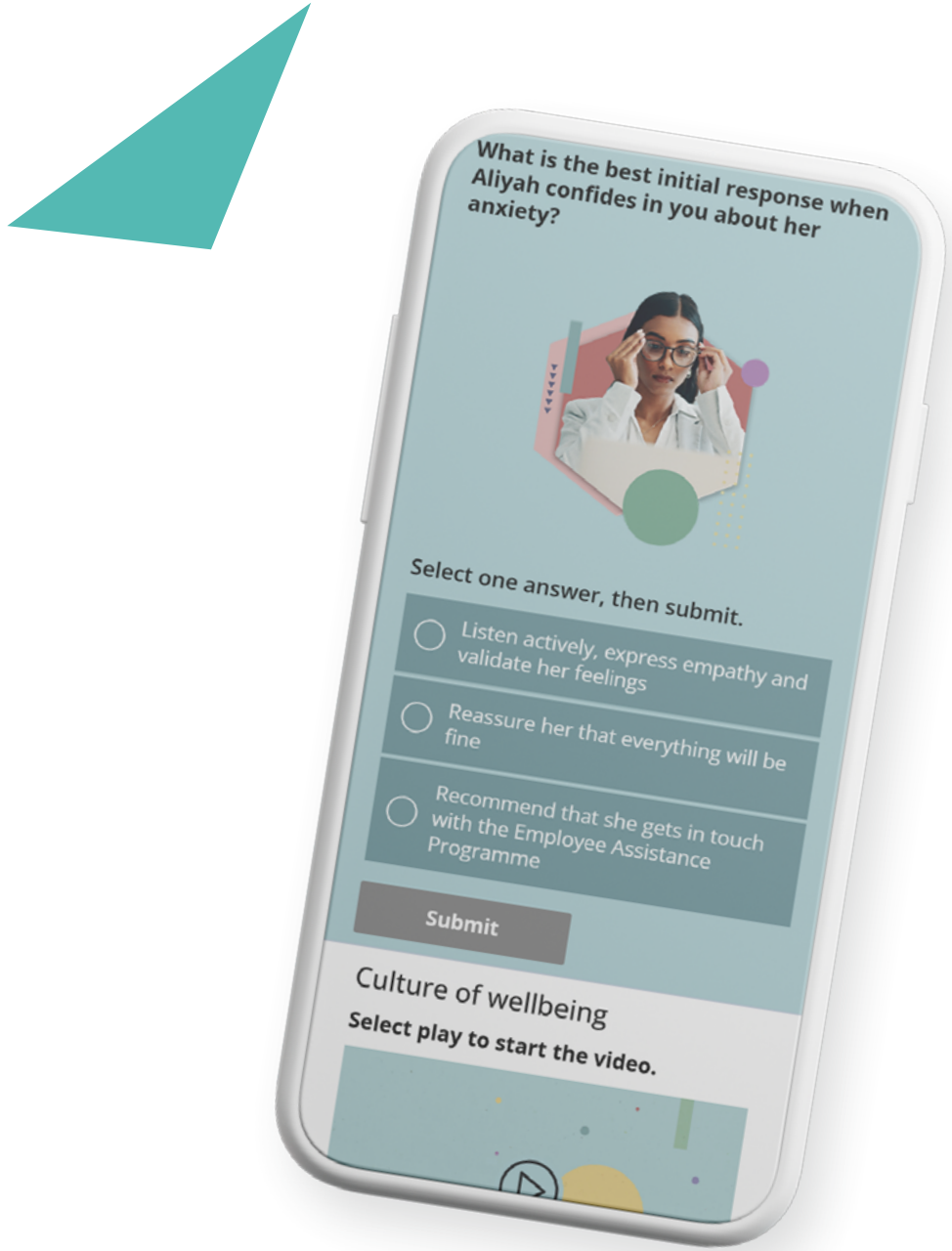
Advanced Leadership	Advanced Management	Advanced Management
Company Culture	Calm in Conflict: Managing a Conflict at Work	Code of Conduct
Flexible Leadership	Coaching	Conducting Annual Performance Reviews
Operational Agility	From Manager to Leader	Effective Meetings for Managers
Planning for a Crisis	Managing High Performing Teams	Giving & Receiving Feedback
Succession Planning	Managing Hybrid Working	Hiring Right First Time
The Need for Strategy	Mentoring	Planning & Monitoring Team Performance
Aspiring Leadership	Psychological Safety	Setting Objectives
Challenging the Status Quo	Training for Non-Trainers	Time Management Episodes
Developing Leadership		
Effective Delegation		
How to Form and Mobilise a Team		
The Effective Leader		



Mental Health and Wellbeing



Better Decision Making	Building Resilience	Managing Emotions
Better Judgements	Avoiding Burnout	Empathy
Critical Thinking	Building Healthy Boundaries	Impact and Influence
	Changing My Behaviours	Mindfulness
	Dealing with Stress	Mindset
	Everyday Energy	Relationship Building in the Hybrid Workplace
	Life Balance	Value and Purpose
	Personal Agility	
	Positive Thinking	
	Resilience	



Mental Health and Wellbeing

Wellbeing	Mental Health Awareness	
Benefits of Good Sleep	Collective Grief	Menopause
Breathing Techniques	Endometriosis	Recognising and Managing Anxiety
Digital Wellbeing	Fertility and Workplace Wellbeing	Tackling Mental Health Stigmas and Discrimination
Exercise	How to Support Yourself and Others with Mental Health	Understanding Grief and Loss
Financial Wellbeing	How Workplace Culture Impacts Employee Mental Health	Understanding Loneliness
Grounding Techniques	Let's Talk About Mental Health	Understanding Suicidal Thoughts and Feelings
Guided Visualisation	Living and Working with Addiction	Understanding Trauma
Healthy Living		
Personal Safety		
Relaxation		
Winter Wellbeing		



Get in touch

Explore how you can improve your organisation's learning and development.

Contact us

